



Early Childhood Workforce Development Spiral Up Academy Level 1



SCHEDULE

Schedule	Training (virtual)	Hours	Self-Study (online)	Hours	Coaching 30-Minute sessions (virtual)
Complete Prior to week 1	N/A	N/A	Recognizing and Reporting Child Abuse and Neglect (CDA Subject Area 1)	2	N/A
Week 1 Tuesday 1/09/24	Spiral Up Orientation and Introduction to Professionalism (CDA Subject Area 6)	6:30- 8:30 p.m.	Signs and Symptom of Illness with Blood Borne Pathogens (CDA Subject Area 1)	2	Intro to coaching, virtual learning, and building relationships
Week 2 Tuesday 1/16/24	Child Development and Building Family Partnerships (CDA Subject Area 8)	6:30- 8:30 p.m.	Lifelong Wellness- Obesity, Nutrition & Physical Activity (CDA Subject Area 1)	2	Understanding the developing brain and connecting with families
Week 3 Tuesday 1/23/24	Creating Connections with Young Children (CDA Subject Area 3)	6:30- 8:30 p.m.	Emergency Preparedness (CDA Subject Area 1)	2	Intentional interactions & responsive caregiving
Week 4 Tuesday 1/30/24	Promoting Learning Through Play (CDA Subject Area 8)	6:30- 8:30 p.m.	Transportation and Field Trip Safety (CDA Subject Area 1) Prevention of Shaken Baby syndrome (CDA Subject Area 1)	1 1	Creating appropriate play activities for each age group
Week 5 Tuesday 2/06/24	Schedules, Transitions, Expectations, and Rules (CDA Subject Area 3)	6:30- 8:30 p.m.	Medication Administration and Food Allergies (CDA Subject Area 1)	2	Supportive transitions and daily routines
Week 6 Tuesday 2/13/24	Effective Teaching Strategies for Social-Emotional Development (CDA Subject Area 3)	6:30- 8:30 p.m.	Building and Physical Premises Safety (CDA Subject Area 1)	2	Positive guidance in the classroom
Week 7 Tuesday 2/20/24	Bringing Joy into Early Childhood Classrooms (CDA Subject Area 6)	6:30- 8:30 p.m.	Reducing the Risk of Sudden Infant Death Syndrome (CDA Subject Area 1)	2	Next steps and action planning
Week 8					Coaching Transition Meeting
Weeks 9 & 10					Coaching with Center Director